



West Baton Rouge Child Nutrition Program

August 2016

Monday	Tuesday	Wednesday	Thursday	Friday
<p>The School Day Just Got HEALTHIER </p>			<p>11 Turkey or Chicken Stew Brown Rice Sweet Potatoes Seasoned Cabbage Fresh Grapes or Bananas WG Roll Milk Choice</p>	<p>12 Cheese Pizza Pizza Sauce – 2 oz. Cup Steamed Corn Popeye Salad w/dressing Chilled Mixed Fruit or Peaches Sugar Cookie Milk Choice</p>
<p>15 BBQ Chicken on Bun Shred Lettuce Cup Crunchy Broccoli Salad Grapes or Apple Wedges SunChips – Garden Salsa Condiments Milk Choice</p>	<p>16 Beef and Cheese Tortillas Seasoned Pinto Beans Shredded Coleslaw Salsa Cup – 2 oz. Cup Chilled Pears or Peaches Graham Crackers Milk Choice</p>	<p>17 Hamburger Patty on Bun Baked French Fries Sandwich Cup Spiced Apples or Fresh Apple Wedges Condiments Oatmeal Cookie Milk Choice *optional cheeseburger</p>	<p>18 Country Pot Pie Roasted Sweet Potatoes Fresh Orange or Pear Wedges Milk Choice *Optional Choice Chicken Alfredo</p>	<p>19 Italian Pasta Bake Seasoned Green Beans Popeye Salad w/dressing Garlic Breadsticks Pizza Sauce – 2 oz. Cup Fresh Grapes or Bananas Milk Choice</p>
<p>22 Red Beans w/ Sausage Brown Rice Turnip Greens Vegetable Blend Chilled Pears or Mixed Fruit Cornbread Milk Choice</p>	<p>23 Turkey and Cheese on Sliced Bread Baked French Fries Sandwich Cup Fresh Orange or Pear Wedges WG Chocolate Chip Cookies Condiments Milk Choice *Optional Choice - Ham</p>	<p>24 Jambalaya White Beans Sweet Potatoes Cantaloupe or Watermelon WG Roll Milk Choice</p>	<p>25 Spaghetti with Meat Sauce Steamed Garlic Broccoli Garden Salad Bananas or Strawberries Garlic Bread Stick Pizza Sauce – 2 oz. Cup Milk Choice *Optional Choice – Chili Mac</p>	<p>26 Beef or Chicken Tacos Shredded Cheese Taco Salad Steamed Corn Chilled Pineapple or Mandarin Oranges Jungle Crackers Salsa Cup – 2 oz. cup Milk Choice</p>
<p>29 Breaded Chicken Patty on Bun Baked Beans Sandwich Cup Fresh Apple or Orange Wedges SunChips- Harvest Cheddar Condiments Milk Choice</p>	<p>30 Meatloaf w/ Gravy Creamed Potatoes Seasoned Broccoli WG Biscuit Applesauce or Pear Halves Milk Choice *Optional Choice Chili Beans w/Cornbread French Fries</p>	<p>31 Chicken Nuggets Mac N Cheese Seasoned Green Beans Cucumber Dippers w/ dip Orange Wedges or Canned Fruit Catsup, Ind. Milk Choice</p>		


West Baton Rouge Child Nutrition Program

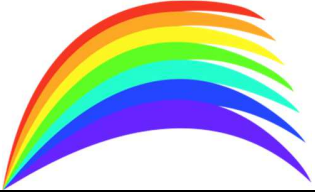
August 2016

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>ENERGIZE YOUR DAY! EAT SCHOOL BREAKFAST</p>			11 Waffles w/ syrup Breaded Chicken Patty Fruit Choice 100 % Juice Choice Milk Choice	12 Biscuit Ham Slices Fruit Choice 100 % Juice Choice Milk Choice
15 Cereal Bar or Choice of Cereal Fruit Choice 100 % Juice Choice Milk Choice	16 Grits Toast Fruit Choice 100 % Juice Choice Milk Choice	17 English Muffin Sausage Patty Fruit Choice 100 % Juice Choice Milk Choice	18 Toast Choice of Cereal Fruit Choice 100 % Juice Choice Milk Choice	19 Breakfast Stick Fruit Choice 100 % Juice Choice Milk Choice
22 Pancakes Sausage Patty Fruit Choice 100 % Juice Choice Milk Choice	23 Muffin Choice Graham crackers Fruit Choice 100 % Juice Choice Milk Choice	24 Toast Cereal Fruit Choice 100 % Juice Choice Milk Choice	25 Breakfast Pizza Fruit Choice 100 % Juice Choice Milk Choice	26 Cinnamon Rolls Fruit Choice 100 % Juice Choice Milk Choice
29 Muffin Choice Graham Crackers Fruit Choice 100 % Juice Choice Milk Choice	30 Breakfast Pizza Fruit Choice 100 % Juice Choice Milk Choice	31 Cinnamon or Chocolate Chip Crisps or Cereal Bar Fruit Choice 100 % Juice Choice Milk Choice		

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Monday	Tuesday	Wednesday	Thursday	Friday
 <p>SCHOOL MEALS MATTER</p>			<p>1 Turkey or Chicken Stew Brown Rice Sweet Potatoes Seasoned Cabbage Fresh Grapes or Bananas WG Roll Milk Choice</p>	<p>2 Cheese Pizza Pizza Sauce – 2 oz. Cup Steamed Corn Popeye Salad w/dressing Chilled Mixed Fruit or Peaches Sugar Cookie Milk Choice</p>
<p>5 Labor Day Holiday</p>	<p>6 Beef and Cheese Tortillas Seasoned Pinto Beans Shredded Coleslaw Salsa Cup – 2 oz. Cup Chilled Pears or Peaches Graham Crackers Milk Choice</p>	<p>7 Hamburger Patty on Bun Baked French Fries Sandwich Cup Spiced Apples or Fresh Apple Wedges Condiments Oatmeal Cookie Milk Choice *optional cheeseburger</p>	<p>8 Country Pot Pie Roasted Sweet Potatoes Fresh Orange or Pear Wedges Milk Choice *Optional Choice Chicken Alfredo</p>	<p>9 Italian Pasta Bake Seasoned Green Beans Popeye Salad w/dressing Garlic Breadsticks Pizza Sauce – 2 oz. Cup Fresh Grapes or Bananas Milk Choice</p>
<p>12 Red Beans w/ Sausage Brown Rice Turnip Greens Vegetable Blend Chilled Pears or Mixed Fruit Cornbread Milk Choice</p>	<p>13 Turkey and Cheese on Sliced Bread Baked French Fries Sandwich Cup Fresh Orange or Pear Wedges WG Chocolate Chip Cookies Condiments Milk Choice *Optional Choice - Ham</p>	<p>14 Jambalaya White Beans Sweet Potatoes Cantaloupe or Watermelon WG Roll Milk Choice</p>	<p>15 Spaghetti with Meat Sauce Steamed Garlic Broccoli Garden Salad Bananas or Strawberries Garlic Bread Stick Pizza Sauce – 2 oz. Cup Milk Choice *Optional Choice – Chili Mac</p>	<p>16 Beef or Chicken Tacos Shredded Cheese Taco Salad Steamed Corn Chilled Pineapple or Mandarin Oranges Jungle Crackers Salsa Cup – 2 oz. cup Milk Choice</p>
<p>19 Breaded Chicken Patty on Bun Baked Beans Sandwich Cup Fresh Apple or Orange Wedges SunChips- Harvest Cheddar Condiments Milk Choice</p>	<p>20 Meatloaf w/ Gravy Creamed Potatoes Seasoned Broccoli WG Biscuit Applesauce or Pear Halves Milk Choice *Optional Choice Chili Beans w/Cornbread</p>	<p>21 Chicken Nuggets Mac N Cheese Seasoned Green Beans Cucumber Dippers w/ dip Orange Wedges or Canned Fruit Catsup, Ind. Milk Choice</p>	<p>22 Turkey or Chicken Stew Brown Rice Sweet Potatoes Seasoned Cabbage Fresh Grapes or Bananas WG Roll Milk Choice</p>	<p>23 Pepperoni Pizza Pizza Sauce – 2 oz. Cup Steamed Corn Popeye Salad w/dressing Chilled Mixed Fruit or Peaches Sugar Cookie Milk Choice</p>
<p>26 BBQ Chicken on Bun Shred Lettuce Cup Crunchy Broccoli Salad Grapes or Apple Wedges SunChips – Garden Salsa Condiments Milk Choice</p>	<p>27 Beef and Cheese Tortillas Seasoned Pinto Beans Shredded Coleslaw Salsa Cup – 2 oz. Cup Chilled Pears or Peaches Graham Crackers Milk Choice</p>	<p>28 Hamburger Patty on Bun Baked French Fries Sandwich Cup Spiced Apples or Fresh Apple Wedges Condiments Oatmeal Cookie Milk Choice *optional cheeseburger</p>	<p>29 Country Pot Pie Roasted Sweet Potatoes Fresh Orange or Pear Wedges Milk Choice *Optional Choice Chicken Alfredo</p>	<p>30 Italian Pasta Bake Seasoned Green Beans Popeye Salad w/dressing Garlic Breadsticks Pizza Sauce – 2 oz. Cup Fresh Grapes or Bananas Milk Choice</p>


Monday	Tuesday	Wednesday	Thursday	Friday
 <p>FUEL UP YOUR DAY WITH BREAKFAST!</p>			1 Waffles w/ syrup Breaded Chicken Patty Fruit Choice 100 % Juice Choice Milk Choice	2 Biscuit Ham Slices Fruit Choice 100 % Juice Choice Milk Choice
5 <p style="text-align: center;">Labor Day Holiday</p>	6 Grits Toast Fruit Choice 100 % Juice Choice Milk Choice	7 English Muffin Sausage Patty Fruit Choice 100 % Juice Choice Milk Choice	8 Toast Choice of Cereal Fruit Choice 100 % Juice Choice Milk Choice	9 Breakfast Stick Fruit Choice 100 % Juice Choice Milk Choice
12 Pancakes Sausage Patty Fruit Choice 100 % Juice Choice Milk Choice	13 Muffin Choice Graham crackers Fruit Choice 100 % Juice Choice Milk Choice	14 Toast Cereal Fruit Choice 100 % Juice Choice Milk Choice	15 Breakfast Pizza Fruit Choice 100 % Juice Choice Milk Choice	16 Cinnamon Rolls Fruit Choice 100 % Juice Choice Milk Choice
19 Muffin Choice Graham Crackers Fruit Choice 100 % Juice Choice Milk Choice	20 Breakfast Pizza Fruit Choice 100 % Juice Choice Milk Choice	21 Cinnamon or Chocolate Chip Crisps or Cereal Bar Fruit Choice 100 % Juice Choice Milk Choice	22 Waffles w/ syrup Breaded Chicken Patty Fruit Choice 100 % Juice Choice Milk Choice	23 Biscuit Ham Slices Fruit Choice 100 % Juice Choice Milk Choice
26 Cereal Bar or Choice of Cereal Fruit Choice 100 % Juice Choice Milk Choice	27 Grits Toast Fruit Choice 100 % Juice Choice Milk Choice	28 English Muffin Sausage Patty Fruit Choice 100 % Juice Choice Milk Choice	29 Toast Choice of Cereal Fruit Choice 100 % Juice Choice Milk Choice	30 Breakfast Stick Fruit Choice 100 % Juice Choice Milk Choice

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West Baton Rouge Child Nutrition Program

October 2016

Monday	Tuesday	Wednesday	Thursday	Friday
3 Red Beans w/ Sausage Brown Rice Turnip Greens Vegetable Blend Chilled Pears or Mixed Fruit Cornbread Milk Choice	4 Turkey and Cheese on Sliced Bread Baked French Fries Sandwich Cup Fresh Orange or Pear Wedges WG Chocolate Chip Cookies Condiments Milk Choice *Optional Choice - Ham	5 Jambalaya White Beans Sweet Potatoes Cantaloupe or Watermelon WG Roll Milk Choice	6 Spaghetti with Meat Sauce Steamed Garlic Broccoli Garden Salad Bananas or Strawberries Garlic Bread Stick Pizza Sauce – 2 oz. Cup Milk Choice *Optional Choice – Chili Mac	7 Beef or Chicken Tacos Shredded Cheese Taco Salad Steamed Corn Chilled Pineapple or Mandarin Oranges Jungle Crackers Salsa Cup – 2 oz. cup Milk Choice
10 <p style="text-align: center;">Fall Break – No School</p>	11 <p style="text-align: center;">Teacher In-Service</p>	12 Chicken Nuggets Mac N Cheese Seasoned Green Beans Cucumber Dippers w/ dip Orange Wedges or Canned Fruit Catsup, Ind. Milk Choice	13 Turkey or Chicken Stew Brown Rice Sweet Potatoes Seasoned Cabbage Fresh Grapes or Bananas WG Roll Milk Choice	14 Pepperoni Pizza Pizza Sauce – 2 oz. Cup Steamed Corn Popeye Salad w/dressing Chilled Mixed Fruit or Peaches Sugar Cookie Milk Choice
17 BBQ Chicken on Bun Shred Lettuce Cup Crunchy Broccoli Salad Grapes or Apple Wedges SunChips – Garden Salsa Condiments Milk Choice	18 Beef and Cheese Tortillas Seasoned Pinto Beans Shredded Coleslaw Salsa Cup – 2 oz. Cup Chilled Pears or Peaches Graham Crackers Milk Choice	19 Hamburger Patty on Bun Baked French Fries Sandwich Cup Spiced Apples or Fresh Apple Wedges Condiments Oatmeal Cookie Milk Choice	20 Country Pot Pie Roasted Sweet Potatoes Fresh Orange or Pear Wedges Milk Choice *Optional Choice Chicken Alfredo	21 Italian Pasta Bake Seasoned Green Beans Popeye Salad w/dressing Garlic Breadsticks Pizza Sauce – 2 oz. Cup Fresh Grapes or Bananas Milk Choice
24 Red Beans w/ Sausage Brown Rice Turnip Greens Vegetable Blend Chilled Pears or Mixed Fruit Cornbread Milk Choice	25 Turkey and Cheese on Sliced Bread Baked French Fries Sandwich Cup Fresh Orange or Pear Wedges WG Chocolate Chip Cookies Condiments Milk Choice *Optional Choice - Ham	26 Jambalaya White Beans Sweet Potatoes Cantaloupe or Watermelon WG Roll Milk Choice	27 Spaghetti with Meat Sauce Steamed Garlic Broccoli Garden Salad Bananas or Strawberries Garlic Bread Stick Pizza Sauce – 2 oz. Cup Milk Choice *Optional Choice – Chili Mac	28 Beef or Chicken Tacos Shredded Cheese Taco Salad Steamed Corn Chilled Pineapple or Mandarin Oranges Jungle Crackers Salsa Cup – 2 oz. cup Milk Choice
31 Breaded Chicken Patty on Bun Baked Beans Sandwich Cup Fresh Apple or Orange Wedges Sunchips- Harvest Cheddar Condiments Milk Choice	 <p>LET'S GO THE DISTANCE CHOOSE A HEALTHY LUNCH</p>			

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October 2016


Monday	Tuesday	Wednesday	Thursday	Friday
3 Pancakes Sausage Patty Fruit Choice 100 % Juice Choice Milk Choice	4 Muffin Choice Graham crackers Fruit Choice 100 % Juice Choice Milk Choice	5 Toast Cereal Fruit Choice 100 % Juice Choice Milk Choice	6 Breakfast Pizza Fruit Choice 100 % Juice Choice Milk Choice	7 Cinnamon Rolls Fruit Choice 100 % Juice Choice Milk Choice
10 <p style="text-align: center;">Fall Break – No School</p>	11 <p style="text-align: center;">Teacher In-Service</p>	12 Cinnamon or Chocolate Chip Crisps or Cereal Bar Fruit Choice 100 % Juice Choice Milk Choice	13 Waffles w/ syrup Breaded Chicken Patty Fruit Choice 100 % Juice Choice Milk Choice	14 Biscuit Ham Slices Fruit Choice 100 % Juice Choice Milk Choice
17 Cereal Bar or Choice of Cereal Fruit Choice 100 % Juice Choice Milk Choice	18 Grits Toast Fruit Choice 100 % Juice Choice Milk Choice	19 English Muffin Sausage Patty Fruit Choice 100 % Juice Choice Milk Choice	20 Toast Choice of Cereal Fruit Choice 100 % Juice Choice Milk Choice	21 Breakfast Stick Fruit Choice 100 % Juice Choice Milk Choice
24 Pancakes Sausage Patty Fruit Choice 100 % Juice Choice Milk Choice	25 Muffin Choice Graham crackers Fruit Choice 100 % Juice Choice Milk Choice	26 Toast Cereal Fruit Choice 100 % Juice Choice Milk Choice	27 Breakfast Pizza Fruit Choice 100 % Juice Choice Milk Choice	28 Cinnamon Rolls Fruit Choice 100 % Juice Choice Milk Choice
31 Muffin Choice Graham Crackers Fruit Choice 100 % Juice Choice Milk Choice	 <p style="font-size: 2em; color: red; font-weight: bold;">KICK START YOUR DAY EAT A HEALTHY BREAKFAST!</p>			

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West Baton Rouge Child Nutrition Program

November 2016

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>Meatloaf w/ Gravy Creamed Potatoes Seasoned Broccoli WG Biscuit Applesauce or Pear Halves Milk Choice *Optional Choice Chili Beans w/Cornbread French Fries</p>	<p>2</p> <p>Chicken Nuggets Mac N Cheese Seasoned Green Beans Cucumber Dippers w/ dip Orange Wedges or Canned Fruit Catsup, Ind. Milk Choice</p>	<p>3</p> <p>Turkey or Chicken Stew Brown Rice Sweet Potatoes Seasoned Cabbage Fresh Grapes or Bananas WG Roll Milk Choice</p>	<p>4</p> <p>Cheese Pizza Pizza Sauce – 2 oz. Cup Steamed Corn Popeye Salad w/dressing Chilled Mixed Fruit or Peaches Sugar Cookie Milk Choice</p>
<p>7</p> <p>BBQ Chicken on Bun Shred Lettuce Cup Crunchy Broccoli Salad Grapes or Apple Wedges SunChips – Garden Salsa Condiments Milk Choice</p>	<p>8</p> <p>Election Day – No School</p>	<p>9</p> <p>Hamburger Patty on Bun Baked French Fries Sandwich Cup Spiced Apples or Fresh Apple Wedges Condiments Oatmeal Cookie Milk Choice *optional cheeseburger</p>	<p>10</p> <p>Country Pot Pie Roasted Sweet Potatoes Fresh Orange or Pear Wedges Milk Choice *Optional Choice Chicken Alfredo</p>	<p>11</p> <p>Italian Pasta Bake Seasoned Green Beans Popeye Salad w/dressing Garlic Breadsticks Pizza Sauce – 2 oz. Cup Fresh Grapes or Bananas Milk Choice</p>
<p>14</p> <p>Red Beans w/ Sausage Brown Rice Turnip Greens Vegetable Blend Chilled Pears or Mixed Fruit Cornbread Milk Choice</p>	<p>15</p> <p>Turkey and Cheese on Sliced Bread French Fries Baked Beans Fresh Orange or Pear Wedges WG Chocolate Chip Cookies Condiments Milk Choice *Optional Choice - Ham</p>	<p>16</p> <p>Spaghetti with Meat Sauce Steamed Garlic Broccoli Garden Salad Bananas or Strawberries Garlic Bread Stick Pizza Sauce – 2 oz. Cup Milk Choice *Optional Choice – Chili Mac</p>	<p>17</p> <p>Thanksgiving Holiday Meal</p>	<p>18</p> <p>Beef or Chicken Tacos Shredded Cheese Taco Salad Steamed Corn Chilled Pineapple or Mandarin Oranges Jungle Crackers Salsa Cup – 2 oz. cup Milk Choice</p>
Thanksgiving Holidays				
<p>28</p> <p>Breaded Chicken Patty on Bun Baked Beans Sandwich Cup Fresh Apple or Orange Wedges SunChips- Harvest Cheddar Condiments Milk Choice</p>	<p>29</p> <p>Meatloaf w/ Gravy Creamed Potatoes Seasoned Broccoli WG Biscuit Applesauce or Pear Halves Milk Choice *Optional Choice Chili Beans w/Cornbread French Fries</p>	<p>30</p> <p>Chicken/Sausage Gumbo Potato Salad Baby Carrots w/ dip Cantaloupe or Honeydew WG Roll or Crackers Milk Choice</p>		

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November 2016

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Breakfast Pizza Fruit Choice 100 % Juice Choice Milk Choice	2 Cinnamon or Chocolate Chip Crisps or Cereal Bar Fruit Choice 100 % Juice Choice Milk Choice	3 Waffles w/ syrup Breaded Chicken Patty Fruit Choice 100 % Juice Choice Milk Choice	4 Biscuit Ham Slices Fruit Choice 100 % Juice Choice Milk Choice
7 Cereal Bar or Choice of Cereal Fruit Choice 100 % Juice Choice Milk Choice	8 Election Day – No School	9 English Muffin Sausage Patty Fruit Choice 100 % Juice Choice Milk Choice	10 Toast Choice of Cereal Fruit Choice 100 % Juice Choice Milk Choice	11 Breakfast Stick Fruit Choice 100 % Juice Choice Milk Choice
14 Pancakes Sausage Patty Fruit Choice 100 % Juice Choice Milk Choice	15 Muffin Choice Graham crackers Fruit Choice 100 % Juice Choice Milk Choice	16 Toast Cereal Fruit Choice 100 % Juice Choice Milk Choice	17 Breakfast Pizza Fruit Choice 100 % Juice Choice Milk Choice	18 Cinnamon Rolls Fruit Choice 100 % Juice Choice Milk Choice
Thanksgiving Holidays				
28 Muffin Choice Graham crackers Fruit Choice 100 % Juice Choice Milk Choice	29 Breakfast Pizza Fruit Choice 100 % Juice Choice Milk Choice	30 Cinnamon or Chocolate Chip Crisps or Cereal Bar Fruit Choice 100 % Juice Choice Milk Choice	 STAY ENERGIZED WITH BREAKFAST!	

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Monday	Tuesday	Wednesday	Thursday	Friday
 <p>ROCK YOUR WAY TO HEALTHIER MEALS</p>			<p>1 Chicken Nuggets Mac N Cheese Seasoned Green Beans Cucumber Dippers w/ dip Orange Wedges or Canned Fruit Catsup, Ind. Milk Choice</p>	<p>2 Cheese Pizza Pizza Sauce – 2 oz. Cup Steamed Corn Popeye Salad w/dressing Chilled Mixed Fruit or Peaches Sugar Cookie Milk Choice</p>
<p>5 BBQ Chicken on Bun Shred Lettuce Cup Crunchy Broccoli Salad Grapes or Apple Wedges SunChips – Garden Salsa Condiments Milk Choice</p>	<p>6 Beef and Cheese Tortillas Seasoned Pinto Beans Shredded Coleslaw Salsa Cup – 2 oz. Cup Chilled Pears or Peaches Graham Crackers Milk Choice</p>	<p>7 Hamburger Patty on Bun Baked French Fries Sandwich Cup Spiced Apples or Fresh Apple Wedges Condiments Oatmeal Cookie Milk Choice *optional cheeseburger</p>	<p>8 Country Pot Pie Roasted Sweet Potatoes Fresh Orange or Pear Wedges Milk Choice *Optional Choice Chicken Alfredo</p>	<p>9 Italian Pasta Bake Seasoned Green Beans Popeye Salad w/dressing Garlic Breadsticks Pizza Sauce – 2 oz. Cup Fresh Grapes or Bananas Milk Choice</p>
<p>12 Red Beans w/ Sausage Brown Rice Turnip Greens Vegetable Blend Chilled Pears or Mixed Fruit Cornbread Milk Choice</p>	<p>13 Turkey and Cheese on Sliced Bread French Fries Baked Beans Fresh Orange or Pear Wedges WG Chocolate Chip Cookies Condiments Milk Choice *Optional Choice - Ham</p>	<p>14 Spaghetti with Meat Sauce Steamed Garlic Broccoli Garden Salad Bananas or Strawberries Garlic Bread Stick Pizza Sauce – 2 oz. Cup Milk Choice *Optional Choice – Chili Mac</p>	<p>15 Christmas Holiday Meal</p>	<p>16 Beef or Chicken Tacos Shredded Cheese Taco Salad Steamed Corn Chilled Pineapple or Mandarin Oranges Vanilla Dots Salsa Cup – 2 oz. cup Milk Choice</p>
<p>19 Breaded Chicken Patty on Bun Baked Beans Sandwich Cup Fresh Apple or Orange Wedges SunChips- Harvest Cheddar Condiments Milk Choice</p>	<p>20 Meatloaf w/ Gravy Creamed Potatoes Seasoned Broccoli WG Biscuit Applesauce or Pear Halves Milk Choice *Optional Choice Chili Beans w/Cornbread French Fries</p>	<p>Winter Break</p>		


Monday	Tuesday	Wednesday	Thursday	Friday
 <p>START YOUR MORNING OFF WITH A ROCKING BREAKFAST!</p>			<p>1 Waffles w/ syrup Breaded Chicken Patty Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>2 Biscuit Ham Slices Fruit Choice 100 % Juice Choice Milk Choice</p>
<p>5 Cereal Bar or Choice of Cereal Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>6 Grits Toast Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>7 English Muffin Sausage Patty Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>8 Toast Choice of Cereal Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>9 Breakfast Stick Fruit Choice 100 % Juice Choice Milk Choice</p>
<p>12 Pancakes Sausage Patty Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>13 Muffin Choice Graham crackers Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>14 Toast Cereal Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>15 Breakfast Pizza Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>16 Cinnamon Rolls Fruit Choice 100 % Juice Choice Milk Choice</p>
<p>18 Muffin Choice Graham crackers Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>19 Breakfast Pizza Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>Winter Break</p>		

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West Baton Rouge Child Nutrition Program

January 2017

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Celebrate the New Year with a Healthy Lunch!</p>			<p>5 Pepperoni Pizza Pizza Sauce – 2 oz. Cup Steamed Corn Popeye Salad w/dressing Chilled Mixed Fruit or Peaches Sugar Cookie Milk Choice</p>	<p>6 Chicken/Sausage Gumbo Potato Salad Baby Carrots w/ dip Cantaloupe or Honeydew WG Roll or Crackers Milk Choice</p>
<p>9 BBQ Chicken on Bun Shred Lettuce Cup Crunchy Broccoli Salad Grapes or Apple Wedges SunChips – Garden Salsa Condiments Milk Choice</p>	<p>10 Beef and Cheese Tortillas Seasoned Pinto Beans Shredded Coleslaw Salsa Cup – 2 oz. Cup Chilled Pears or Peaches Graham Crackers Milk Choice</p>	<p>11 Hamburger Patty on Bun Baked French Fries Sandwich Cup Spiced Apples or Fresh Apple Wedges Condiments Oatmeal Cookie Milk Choice *optional cheeseburger</p>	<p>12 Country Pot Pie Roasted Sweet Potatoes Fresh Orange or Pear Wedges Milk Choice *Optional Choice Chicken Alfredo</p>	<p>13 Italian Pasta Bake Seasoned Green Beans Popeye Salad w/dressing Garlic Breadsticks Pizza Sauce – 2 oz. Cup Fresh Grapes or Bananas Milk Choice</p>
<p>16 Martin Luther King, Jr. - Holiday</p>	<p>17 Red Beans w/ Sausage Brown Rice Turnip Greens Vegetable Blend Chilled Pears or Mixed Fruit Cornbread Milk Choice</p>	<p>18 Turkey and Cheese on Sliced Bread Baked French Fries Sandwich Cup Fresh Orange or Pear Wedges WG Chocolate Chip Cookies Condiments Milk Choice *Optional Choice - Ham</p>	<p>19 Jambalaya White Beans Sweet Potatoes Cantaloupe or Watermelon WG Roll Milk Choice</p>	<p>20 Spaghetti with Meat Sauce Steamed Garlic Broccoli Garden Salad Bananas or Strawberries Garlic Bread Stick Pizza Sauce – 2 oz. Cup Milk Choice *Optional Choice – Chili Mac</p>
<p>23 Breaded Chicken Patty on Bun Baked Beans Sandwich Cup Fresh Apple or Orange Wedges Sunchip- Harvest Cheddar Condiments Milk Choice</p>	<p>24 Meatloaf w/ Gravy Creamed Potatoes Seasoned Broccoli WG Biscuit Applesauce or Pear Halves Milk Choice *Optional Choice Chili Beans w/Cornbread French Fries</p>	<p>25 Chicken Nuggets Mac N Cheese Seasoned Green Beans Cucumber Dippers w/ dip Orange Wedges or Canned Fruit Catsup, Ind. Milk Choice</p>	<p>26 Turkey or Chicken Stew Brown Rice Sweet Potatoes Seasoned Cabbage Fresh Grapes or Bananas WG Roll Milk Choice</p>	<p>27 Pepperoni Pizza Pizza Sauce – 2 oz. Cup Steamed Corn Popeye Salad w/dressing Chilled Mixed Fruit or Peaches Sugar Cookie Milk Choice</p>
<p>30 BBQ Chicken on Bun Shred Lettuce Cup Crunchy Broccoli Salad Grapes or Apple Wedges SunChips – Garden Salsa Condiments Milk Choice</p>	<p>31 Beef and Cheese Tortillas Seasoned Pinto Beans Shredded Coleslaw Salsa Cup – 2 oz. Cup Chilled Pears or Peaches Graham Crackers Milk Choice</p>			

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January 2017


Monday	Tuesday	Wednesday	Thursday	Friday
			5 Waffles w/ syrup Breaded Chicken Patty Fruit Choice 100 % Juice Choice Milk Choice	6 Biscuit Ham Slices Fruit Choice 100 % Juice Choice Milk Choice
11 Cereal Bar or Choice of Cereal Fruit Choice 100 % Juice Choice Milk Choice	10 Grits Toast Fruit Choice 100 % Juice Choice Milk Choice	11 English Muffin Sausage Patty Fruit Choice 100 % Juice Choice Milk Choice	12 Toast Choice of Cereal Fruit Choice 100 % Juice Choice Milk Choice	13 Breakfast Stick Fruit Choice 100 % Juice Choice Milk Choice
16 Martin Luther King - Holiday	17 Muffin Choice Graham crackers Fruit Choice 100 % Juice Choice Milk Choice	18 Toast Cereal Fruit Choice 100 % Juice Choice Milk Choice	19 Breakfast Pizza Fruit Choice 100 % Juice Choice Milk Choice	20 Cinnamon Rolls Fruit Choice 100 % Juice Choice Milk Choice
23 Muffin Choice Graham Crackers Fruit Choice 100 % Juice Choice Milk Choice	24 Breakfast Pizza Fruit Choice 100 % Juice Choice Milk Choice	25 Cinnamon or Chocolate Chip Crisps or Cereal Bar Fruit Choice 100 % Juice Choice Milk Choice	26 Waffles w/ syrup Breaded Chicken Patty Fruit Choice 100 % Juice Choice Milk Choice	27 Biscuit Ham Slices Fruit Choice 100 % Juice Choice Milk Choice
30 Cereal Bar or Choice of Cereal Fruit Choice 100 % Juice Choice Milk Choice	31 Grits Toast Fruit Choice 100 % Juice Choice Milk Choice			

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West Baton Rouge Child Nutrition Program

February 2017

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1 Hamburger Patty on Bun Baked French Fries Sandwich Cup Spiced Apples or Fresh Apple Wedges Condiments Oatmeal Cookie Milk Choice *optional cheeseburger</p>	<p>2 Country Pot Pie Roasted Sweet Potatoes Fresh Orange or Pear Wedges Milk Choice *Optional Choice Chicken Alfredo</p>	<p>3 Italian Pasta Bake Seasoned Green Beans Popeye Salad w/dressing Garlic Breadsticks Pizza Sauce – 2 oz. Cup Fresh Grapes or Bananas Milk Choice</p>
<p>6 Red Beans w/ Sausage Brown Rice Turnip Greens Vegetable Blend Chilled Pears or Mixed Fruit Cornbread Milk Choice</p>	<p>7 Turkey and Cheese on Sliced Bread Baked French Fries Sandwich Cup Fresh Orange or Pear Wedges WG Chocolate Chip Cookies Condiments Milk Choice *Optional Choice - Ham</p>	<p>8 Jambalaya White Beans Sweet Potatoes Cantaloupe or Watermelon WG Roll Milk Choice</p>	<p>9 Spaghetti with Meat Sauce Steamed Garlic Broccoli Garden Salad Bananas or Strawberries Garlic Bread Stick Pizza Sauce – 2 oz. Cup Milk Choice *Optional Choice – Chili Mac</p>	<p>10 Beef or Chicken Tacos Shredded Cheese Taco Salad Steamed Corn Chilled Pineapple or Mandarin Oranges Vanilla Dots Salsa Cup – 2 oz. cup Milk Choice</p>
<p>13 Breaded Chicken Patty on Bun Baked Beans Sandwich Cup Fresh Apple or Orange Wedges SunChips- Harvest Cheddar Condiments Milk Choice</p>	<p>14 Meatloaf w/ Gravy Creamed Potatoes Seasoned Broccoli WG Biscuit Applesauce or Pear Halves Milk Choice *Optional Choice Chili Beans w/Cornbread French Fries</p>	<p>15 Chicken Nuggets Mac N Cheese Seasoned Green Beans Cucumber Dippers w/ dip Orange Wedges or Canned Fruit Catsup, Ind. Milk Choice</p>	<p>16 Turkey or Chicken Stew Brown Rice Sweet Potatoes Seasoned Cabbage Fresh Grapes or Bananas WG Roll Milk Choice</p>	<p>17 Pepperoni Pizza Pizza Sauce – 2 oz. Cup Steamed Corn Popeye Salad w/dressing Chilled Mixed Fruit or Peaches Sugar Cookie Milk Choice</p>
<p>20 BBQ Chicken on Bun Shred Lettuce Cup Crunchy Broccoli Salad Grapes or Apple Wedges SunChips – Garden Salsa Condiments Milk Choice</p>	<p>21 Beef and Cheese Tortillas Seasoned Pinto Beans Shredded Coleslaw Salsa Cup – 2 oz. Cup Chilled Pears or Peaches Graham Crackers Milk Choice</p>	<p>22 Hamburger Patty on Bun Baked French Fries Sandwich Cup Spiced Apples or Fresh Apple Wedges Condiments Oatmeal Cookie Milk Choice *optional cheeseburger</p>	<p>23 Country Pot Pie Roasted Sweet Potatoes Fresh Orange or Pear Wedges Milk Choice *Optional Choice Chicken Alfredo</p>	<p>24 Italian Pasta Bake Seasoned Green Beans Popeye Salad w/dressing Garlic Breadsticks Pizza Sauce – 2 oz. Cup Fresh Grapes or Bananas Milk Choice</p>
<p>27 Mardi Gras</p>	<p>28 Holiday</p>			

West Baton Rouge Child Nutrition Program

February 2017

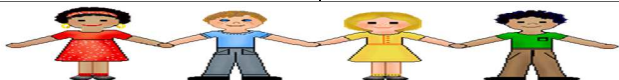
Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Enjoy the taste of healthy eating!</p>		<p>1 English Muffin Sausage Patty Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>2 Toast Choice of Cereal Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>3 Breakfast Stick Fruit Choice 100 % Juice Choice Milk Choice</p>
<p>6 Pancakes Sausage Patty Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>7 Muffin Choice Graham crackers Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>8 Toast Cereal Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>9 Breakfast Pizza Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>10 Cinnamon Rolls Fruit Choice 100 % Juice Choice Milk Choice</p>
<p>13 Muffin Choice Graham Crackers Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>14 Breakfast Pizza Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>15 Cinnamon or Chocolate Chip Crisps or Cereal Bar Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>16 Waffles w/ syrup Breaded Chicken Patty Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>17 Biscuit Ham Slices Fruit Choice 100 % Juice Choice Milk Choice</p>
<p>20 Cereal Bar or Choice of Cereal Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>21 Grits Toast Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>22 English Muffin Sausage Patty Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>23 Toast Choice of Cereal Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>24 Breakfast Stick Fruit Choice 100 % Juice Choice Milk Choice</p>
<p>27 Mardi Gras</p>	<p>28 Holiday</p>			

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West Baton Rouge Child Nutrition Program

March 2017

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>We must work together to make the school day healthier.</p>				
		<p>1 Fish Soft Tacos Shredded Cheese Taco Salad Steamed Corn Chilled Pineapple or Mandarin Oranges Vanilla Dots Salsa Cup – 2 oz. cup Milk Choice</p>	<p>2 Spaghetti with Meat Sauce Steamed Garlic Broccoli Garden Salad Bananas or Strawberries Garlic Bread Stick Pizza Sauce – 2 oz. Cup Milk Choice *Optional Choice – Chili Mac</p>	<p>3 Grilled Cheese on Sliced Bread Baked French Fries Sandwich Cup Fresh Oranges or Pears WG Chocolate Chip Cookies Condiments Milk Choice</p>
<p>6 Breaded Chicken Patty on Bun Baked Beans Sandwich Cup Fresh Apple or Orange Wedges SunChips- Harvest Cheddar Condiments Milk Choice</p>	<p>7 Meatloaf w/ Gravy Creamed Potatoes Seasoned Broccoli WG Biscuit Applesauce or Pear Halves Milk Choice *Optional Choice Chili Beans w/Cornbread</p>	<p>8 Chicken Nuggets Mac N Cheese Seasoned Green Beans Cucumber Dippers w/ dip Orange Wedges or Canned Fruit Catsup, Ind. Milk Choice</p>	<p>9 Turkey or Chicken Stew Brown Rice Sweet Potatoes Seasoned Cabbage Fresh Grapes or Bananas WG Roll Milk Choice</p>	<p>10 Cheese Pizza Pizza Sauce – 2 oz. Cup Steamed Corn Popeye Salad w/dressing Chilled Mixed Fruit or Peaches Sugar Cookie Milk Choice</p>
<p>13 BBQ Chicken on Bun Shred Lettuce Cup Crunchy Broccoli Salad Grapes or Apple Wedges SunChips – Garden Salsa Condiments Milk Choice</p>	<p>14 Beef and Cheese Tortillas Seasoned Pinto Beans Shredded Coleslaw Salsa Cup – 2 oz. Cup Chilled Pears or Peaches Graham Crackers Milk Choice</p>	<p>15 Italian Pasta Bake Seasoned Green Beans Popeye Salad w/dressing Garlic Breadsticks Pizza Sauce – 2 oz. Cup Fresh Grapes or Bananas Milk Choice</p>	<p>16 Country Pot Pie Roasted Sweet Potatoes Fresh Orange or Pear Wedges Milk Choice *Optional Choice Chicken Alfredo</p>	<p>17 Tuna on Bun Baked French Fries Sandwich Cup Spiced Apples or Fresh Apple Wedges Condiments Oatmeal Cookie Milk Choice</p>
<p>20 Red Beans w/ Sausage Brown Rice Turnip Greens Vegetable Blend Chilled Pears or Mixed Fruit Cornbread Milk Choice</p>	<p>21 Turkey and Cheese on Sliced Bread Baked French Fries Sandwich Cup Fresh Orange or Pear Wedges WG Chocolate Chip Cookies Condiments Milk Choice *Optional Choice - Ham</p>	<p>22 Jambalaya White Beans Sweet Potatoes Cantaloupe or Watermelon WG Roll Milk Choice</p>	<p>23 Spaghetti with Meat Sauce Steamed Garlic Broccoli Garden Salad Bananas or Strawberries Garlic Bread Stick Pizza Sauce – 2 oz. Cup Milk Choice *Optional Choice – Chili Mac</p>	<p>24 Fish Soft Tacos Shredded Cheese Taco Salad Steamed Corn Chilled Pineapple or Mandarin Oranges Vanilla Dots Salsa Cup – 2 oz. cup Milk Choice</p>
<p>27 Breaded Chicken Patty on Bun Baked Beans Sandwich Cup Fresh Apple or Orange Wedges Sunchip- Harvest Cheddar Condiments Milk Choice</p>	<p>28 Meatloaf w/ Gravy Creamed Potatoes Seasoned Broccoli WG Biscuit Applesauce or Pear Halves Milk Choice *Optional Choice Chili Beans w/Cornbread</p>	<p>29 Chicken Nuggets Mac N Cheese Seasoned Green Beans Cucumber Dippers w/ dip Orange Wedges or Canned Fruit Catsup, Ind. Milk Choice</p>	<p>30 Turkey or Chicken Stew Brown Rice Sweet Potatoes Seasoned Cabbage Fresh Grapes or Bananas WG Roll Milk Choice</p>	<p>31 Cheese Pizza Pizza Sauce – 2 oz. Cup Steamed Corn Popeye Salad w/dressing Chilled Mixed Fruit or Peaches Sugar Cookie Milk Choice</p>


West Baton Rouge Child Nutrition Program

March 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Well.nourished kids do better in class</p> 		<p>1 Toast Cereal Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>2 Breakfast Pizza Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>3 Cinnamon Rolls Fruit Choice 100 % Juice Choice Milk Choice</p>
<p>6 Muffin Choice Graham Crackers Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>7 Breakfast Pizza Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>8 Cinnamon or Chocolate Chip Crisps or Cereal Bar Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>9 Waffles w/ syrup Breaded Chicken Patty Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>10 Biscuit Ham Slices Fruit Choice 100 % Juice Choice Milk Choice</p>
<p>13 Cereal Bar or Choice of Cereal Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>14 Grits Toast Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>15 English Muffin Sausage Patty Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>16 Toast Choice of Cereal Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>17 Breakfast Stick Fruit Choice 100 % Juice Choice Milk Choice</p>
<p>20 Pancakes Sausage Patty Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>21 Muffin Choice Graham crackers Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>22 Toast Cereal Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>23 Breakfast Pizza Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>24 Cinnamon Rolls Fruit Choice 100 % Juice Choice Milk Choice</p>
<p>27 Muffin Choice Graham Crackers Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>28 Breakfast Pizza Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>19 Cinnamon or Chocolate Chip Crisps or Cereal Bar Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>30 Waffles w/ syrup Breaded Chicken Patty Fruit Choice 100 % Juice Choice Milk Choice</p>	<p>31 Biscuit Ham Slices Fruit Choice 100 % Juice Choice Milk Choice</p>

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Monday	Tuesday	Wednesday	Thursday	Friday
3 BBQ Chicken on Bun Shred Lettuce Cup Crunchy Broccoli Salad Grapes or Apple Wedges SunChips – Garden Salsa Condiments Milk Choice	4 Beef and Cheese Tortillas Seasoned Pinto Beans Shredded Coleslaw Salsa Cup – 2 oz. Cup Chilled Pears or Peaches Graham Crackers Milk Choice	5 Italian Pasta Bake Seasoned Green Beans Popeye Salad w/dressing Garlic Breadsticks Pizza Sauce – 2 oz. Cup Fresh Grapes or Bananas Milk Choice	6 Country Pot Pie Roasted Sweet Potatoes Fresh Orange or Pear Wedges Milk Choice *Optional Choice Chicken Alfredo	7 Tuna on Bun Baked French Fries Sandwich Cup Spiced Apples or Fresh Apple Wedges Condiments Oatmeal Cookie Milk Choice *optional cheeseburger
10 Red Beans w/ Sausage Brown Rice Turnip Greens Vegetable Blend Chilled Pears or Mixed Fruit Cornbread Milk Choice	11 Spring Holiday Meal	12 Turkey and Cheese on Sliced Bread Baked French Fries Sandwich Cup Fresh Orange or Pear Wedges WG Chocolate Chip Cookies Condiments Milk Choice *Optional Choice - Ham	13 Spaghetti with Meat Sauce Steamed Garlic Broccoli Garden Salad Bananas or Strawberries Garlic Bread Stick Pizza Sauce – 2 oz. Cup Milk Choice *Optional Choice – Chili Mac	14 Spring Break
<h2>Spring Break</h2>				
24 BBQ Chicken on Bun Shred Lettuce Cup Crunchy Broccoli Salad Grapes or Apple Wedges SunChips – Garden Salsa Condiments Milk Choice	25 Beef and Cheese Tortillas Seasoned Pinto Beans Shredded Coleslaw Salsa Cup – 2 oz. Cup Chilled Pears or Peaches Graham Crackers Milk Choice	26 Hamburger Patty on Bun Baked French Fries Sandwich Cup Spiced Apples or Fresh Apple Wedges Condiments Oatmeal Cookie Milk Choice *optional cheeseburger	27 Country Pot Pie Roasted Sweet Potatoes Fresh Orange or Pear Wedges Milk Choice *Optional Choice Chicken Alfredo	28 Italian Pasta Bake Seasoned Green Beans Popeye Salad w/dressing Garlic Breadsticks Pizza Sauce – 2 oz. Cup Fresh Grapes or Bananas Milk Choice
				

West Baton Rouge Child Nutrition Program

April 2017

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cereal Bar or Choice of Cereal Fruit Choice 100 % Juice Choice Milk Choice	4 Grits Toast Fruit Choice 100 % Juice Choice Milk Choice	5 English Muffin Sausage Patty Fruit Choice 100 % Juice Choice Milk Choice	6 Toast Choice of Cereal Fruit Choice 100 % Juice Choice Milk Choice	7 Breakfast Stick Fruit Choice 100 % Juice Choice Milk Choice
10 Pancakes Sausage Patty Fruit Choice 100 % Juice Choice Milk Choice	11 Muffin Choice Graham crackers Fruit Choice 100 % Juice Choice Milk Choice	12 Toast Cereal Fruit Choice 100 % Juice Choice Milk Choice	13 Cinnamon Rolls Fruit Choice 100 % Juice Choice Milk Choice	14 Spring Break
Spring Break				
24 Muffin Choice Graham Crackers Fruit Choice 100 % Juice Choice Milk Choice	25 Breakfast Pizza Fruit Choice 100 % Juice Choice Milk Choice	26 Cinnamon or Chocolate Chip Crisps or Cereal Bar Fruit Choice 100 % Juice Choice Milk Choice	27 Waffles w/ syrup Breaded Chicken Patty Fruit Choice 100 % Juice Choice Milk Choice	28 Biscuit Ham Slices Fruit Choice 100 % Juice Choice Milk Choice
SPRING Into a healthy plate				

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West Baton Rouge Child Nutrition Program

May 2017

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Red Beans w/ Sausage Brown Rice Turnip Greens Vegetable Blend Chilled Pears or Mixed Fruit Cornbread Milk Choice</p>	<p>2</p> <p>Turkey and Cheese on Sliced Bread Baked French Fries Sandwich Cup Fresh Orange or Pear Wedges WG Chocolate Chip Cookies Condiments Milk Choice *Optional Choice - Ham</p>	<p>3</p> <p>Jambalaya White Beans Sweet Potatoes Cantaloupe or Watermelon WG Roll Milk Choice</p>	<p>4</p> <p>Spaghetti with Meat Sauce Steamed Garlic Broccoli Garden Salad Bananas or Strawberries Garlic Bread Stick Pizza Sauce – 2 oz. Cup Milk Choice *Optional Choice – Chili Mac</p>	<p>5</p> <p>Beef or Chicken Tacos Shredded Cheese Taco Salad Steamed Corn Chilled Pineapple or Mandarin Oranges Vanilla Dots Salsa Cup – 2 oz. cup Milk Choice</p>
<p>8</p> <p>Breaded Chicken Patty on Bun Baked Beans Sandwich Cup Fresh Apple or Orange Wedges SunChips- Harvest Cheddar Condiments Milk Choice</p>	<p>9</p> <p>Meatloaf w/ Gravy Creamed Potatoes Seasoned Broccoli WG Biscuit Applesauce or Pear Halves Milk Choice *Optional Choice Chili Beans w/Cornbread French Fries</p>	<p>10</p> <p>Chicken Nuggets Mac N Cheese Seasoned Green Beans Cucumber Dippers w/ dip Orange Wedges or Canned Fruit Catsup, Ind. Milk Choice</p>	<p>11</p> <p>Turkey or Chicken Stew Brown Rice Sweet Potatoes Seasoned Cabbage Fresh Grapes or Bananas WG Roll Milk Choice</p>	<p>12</p> <p>Pepperoni Pizza Pizza Sauce – 2 oz. Cup Steamed Corn Popeye Salad w/dressing Chilled Mixed Fruit or Peaches Sugar Cookie Milk Choice</p>
<p>15</p> <p>BBQ Chicken on Bun Shred Lettuce Cup Crunchy Broccoli Salad Grapes or Apple Wedges SunChips – Garden Salsa Condiments Milk Choice</p>	<p>16</p> <p>Beef and Cheese Tortillas Seasoned Pinto Beans Shredded Coleslaw Salsa Cup – 2 oz. Cup Chilled Pears or Peaches Graham Crackers Milk Choice</p>	<p>17</p> <p>Hamburger Patty on Bun Baked French Fries Sandwich Cup Spiced Apples or Fresh Apple Wedges Condiments Oatmeal Cookie Milk Choice *optional cheeseburger</p>	<p>18</p> <p>Country Pot Pie Roasted Sweet Potatoes Fresh Orange or Pear Wedges Milk Choice *Optional Choice Chicken Alfredo</p>	<p>19</p> <p>Italian Pasta Bake Seasoned Green Beans Popeye Salad w/dressing Garlic Breadsticks Pizza Sauce – 2 oz. Cup Fresh Grapes or Bananas Milk Choice</p>
<p>22</p> <p>Manager's Choice</p>	<p>23</p> <p>Manager's Choice</p>	 <p>Make physical activity a regular part of the day. Strive for 30 minutes of physical activity each day.</p>		

West Baton Rouge Child Nutrition Program

May 2017

Monday	Tuesday	Wednesday	Thursday	Friday
1 Muffin Choice Graham Crackers Fruit Choice 100 % Juice Choice Milk Choice	2 Breakfast Pizza Fruit Choice 100 % Juice Choice Milk Choice	3 Cinnamon Rolls Fruit Choice 100 % Juice Choice Milk Choice	4 Waffles w/ syrup Breaded Chicken Patty Fruit Choice 100 % Juice Choice Milk Choice	5 Biscuit Ham Slices Fruit Choice 100 % Juice Choice Milk Choice
8 Cereal Bar or Choice of Cereal Fruit Choice 100 % Juice Choice Milk Choice	9 Grits Toast Fruit Choice 100 % Juice Choice Milk Choice	10 English Muffin Sausage Patty Fruit Choice 100 % Juice Choice Milk Choice	11 Toast Choice of Cereal Fruit Choice 100 % Juice Choice Milk Choice	12 Breakfast Stick Fruit Choice 100 % Juice Choice Milk Choice
15 Pancakes Sausage Patty Fruit Choice 100 % Juice Choice Milk Choice	16 Muffin Choice Graham crackers Fruit Choice 100 % Juice Choice Milk Choice	17 Toast Cereal Fruit Choice 100 % Juice Choice Milk Choice	18 Breakfast Pizza Fruit Choice 100 % Juice Choice Milk Choice	19 Cinnamon or Chocolate Chip Crisps or Cereal Bar Fruit Choice 100 % Juice Choice Milk Choice
22 Manager's Choice	23 Manager's Choice	 <p>Strive for 5 fruits and vegetables each day</p>		

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